

Southwest Dane County Outreach

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Lynn Forshaug, Director
Julie Schmocker, Case Manager

April 16, 2024 Senior Center Update:

SWDane County Outreach continues to serve seniors in the Villages of Blue Mounds and Mt. Horeb and the Towns of Blue Mounds, Perry, Primrose and Springdale.

They are serving 101 Case Management clients and 5 MA (Medical Assistance) Case Management clients. They are currently serving 21 seniors in the Town of Primrose with meals and other services.

Dane County's contributions for SW Dane Outreach for 2024 include \$82,011.00 for Case Management, \$49,978.00 for home delivered and congregate meals, \$11,550.00 for Finks Cafe Meals and \$9,416.00 for MA Case Management. The Village of Mt. Horeb's contribution is \$48,953.00 and all of other municipality's contributions combined are \$38,804.00. Their total operating budget is \$250,735.00.

12,395 meals were served in 2023. They have served 2,235 congregate and home-delivered meals through March 2024. They have three meal routes, two in town and one country route. Finks Cafe is serving a meal every Wednesday from 11:00-1:00pm.

They offer many options for seniors including Tai Chi and Ageless Grace classes, "Mental Health" programs, Foot Clinics, monthly Blood Pressure check, Bingo, Euchre, Card Making, Men's Group, and Nutrition Education programs through UW Extension.

Julie Schmocker, the Case Manager has been busy working with seniors who are Veterans, to connect them with free dental and vision help through a non-profit program "Veteran's Smile". She has also connected them with the VA system for lower cost medication. Julie has also been busy signing up seniors (who are on a limited income) for a pilot program, called ILSP (Independent Living Support Program). This program will provide extra services like a Life Alert system, home chore services, caregivers, etc. to keep seniors more independent and staying in their homes.

They continue to help seniors find housing, transportation to medical appointments, review their Medicare D Prescription Drug Plan, connect them with Energy Services, Food Share, congregate and home-delivered meals, local caregivers and Neighbors Helping Neighbors. They have a "Loan Closet" for people to borrow items such as shower benches, walkers, cane, wheelchairs, etc. for no cost.

They work with the local medical clinics, Therapy clinics, Dane County's Mental Health services and Dane County's Adult Protective Services.

Their Renovation Project to add another office and storage space is nearly complete, through a grant through Dane County. Feel free to stop in or contact the Senior Center with any questions or referrals for seniors in your municipality. They enjoy making home visits to meet these seniors.

Thank you for your continued support.