

Hinsdale/Peru Council on Aging
39 South Street, Hinsdale, MA 01235
Email: COA@HinsdaleMA.gov Tel: 413-358-3911

It is the Mission of the Hinsdale/Peru Council on Aging to encourage participation, to provide services available to seniors and to promote activities that will enhance their quality of life.

Board Members: Jim Alden & Jill Cole (co-chairs), Cathy Spinney & Janet Verge (retiring chairs), Marion Tinney (secretary), Jennifer Stark (treasurer), Linda Schermerhorn (reservations), Margi Roussin & Jim Alden (newsletter editor & photographer), Joanne Larmon, Sue Malone, Eve Grippaldi (member emeritus)

A note from the COA Board: The Hinsdale/Peru COA holds **Monthly Luncheons for seniors** on the 2nd Thursday of the month at the Hinsdale Town Hall. Seniors age 60+ are welcome to all events. The menus provided by OZZIE's are varied and nutritious with seniors paying only \$4.00 for the lunch. Meals include beverages and dessert. Come join the fun! **Reservations: Call Linda at 413-358-3911**

Are you a quilter or have you always wanted to learn? Quilting Group meets every Monday in Hinsdale Town Hall community room from 9:30 am to noon. **Call Jen** if you are interested 655-2697.

Knitting & Crocheting Group: meets every Wednesday 1-3 pm at Old Town Hall **Interested? Call Marion** 655-2292

Yoga Classes: Mon. 9-10 am Old Town Hall \$3 a session

Foot Care Clinic: Every other month \$40 fee (not covered by Medicare) **APPOINTMENTS** Lois Murray (413) 655-8367

Annual Events: May "Super Senior": **Oct.** Flu Shots: **Dec.** Christmas Party

Words of Wisdom: "Happiness is not having what you want, but wanting what you have." Schactel

This newsletter is paid for, in part, by the Executive Office of Elder Affairs.

Claris Companion Tablet

<https://youtu.be/2Lx8006b0tk?si=76Nk3iIFkgixipno>
Soon computer and iPad tablet classes will also be offered. Those will also be distributed to those taking classes (if needed), But they will need internet access to use.
Kelly's # 413-684-2000

**Kelly Pizzi the Executive Director of the Dalton Council on Aging is offering free classes on this tablet. They come with a one year cellular plan so no internet is needed. However, a cell signal will need to be picked up by participants.
Kelly's # 413-684-2000**

**March 13th Luncheon (veal parmesan & pasta)
Diane Monterosso and Lisa Torrey invited seniors to volunteer for many interesting opportunities all listed in the latest AmeriCorps RSVP newsletter. Available this year are several at the Berkshire Carousel and the Greylock Glen Outdoor Center. Other areas needing help are the Pittsfield Senior Center, Springside Park Conservancy, City of Pittsfield, Pittsfield Community Television and Junior Achievement.
To volunteer or request information, call (413) 395-0109**



**April 17th Luncheon (roast pork)
Jim Alden (COA), our chairman, with the help of visual aids like maps, pictures & a streetcar model, gave a lively talk on the streetcars and trolleys that once provided Berkshire County residents with transportation.**



Ten seniors **ninety years old or more** with or without a guest enjoyed a turkey dinner prepared by Dylan Brewer and his staff on May 15, 2025, at OZZIE's restaurant in Hinsdale. Pictured above are (front row l to r) Al Parsons, Mary Cahill, Marylou Galliher, Jim Dowling, Walter Baumert, and Pete Schermerhorn. Second row, Eve Gripaldi, Don Parker, John Adams and Beverly Mears.



Hinsdale/Peru Council on Aging
39 South Street Hinsdale, MA 01235

“E. B. White wrote this poem in 1929 as a love letter to his wife, Katherine.” It appears here as a love message from our two retiring co-chairs, Cathy Spinney and Janet Verge.

The spider dropping down from twig	And all the journey down through space,
Unwinds a thread of her devising	In cool descent and loyal hearted,
A thin premeditated rig	She builds a ladder to the place
To use in rising.	From which she started

Thus I, gone forth, as spiders do,
In spider’s web a truth discerning,
Attach one silken strand to you
For my returning.

The Hinsdale/Peru Council on Aging has its own page on the Hinsdale Website (www.HinsdaleMass.com). By clicking on “Contacts” and scrolling down to “Council on Aging”, you can access all COA Announcements, Newsletter, Agendas, and Minutes.