

**Safe at Home Committee Meeting Minutes**  
**October 13, 2023 3:00 pm**  
**Meeting Place, Cook and Larder**

Attendance: Joyce Lapenn, Shirley Bresler, Rene Gibson, Natalie Kahan, Joyce Ferrentino, Timi Bates, Beth Gordon, Lynne Colclough, Mary Lou Kersten (secretary)

**Senior Chores Service Day**

10:00 – 1:00 October 21

Nine different requests have come in for help. So far six different people have called in to volunteer, not including SAH members. We need more volunteers. Please ask our neighbors and friends if they could participate. We need about 5-10 more people. Natalie has pulled together the list of needs and the committee decided which tasks we could take on. We should be at the town hall by 9:15 to organize. Joyce F has purchased the cleaning materials. If the weather is bad the event is off. Joyce and Natalie will make the call that morning.

**Coffee Hour**

October – speaker is Dick Hermans, he will be talking about the Harlem Valley Rail Trail. October 31<sup>st</sup>.

November – Topic is Gratitude, Rev. Karen Squires

December – December 13 holiday party, will be completely hosted by Kelly Sweet at the Mt. Washington House. She is also treating us all to beverages and snacks. Same time as regular coffee hours, 10:00 – 11:30 AM. Rene will see if Christine Dellea will come and provide holiday music. Rene has extra shopping totes and sand buckets which she will bring as give aways. It was suggested that we ask attendees to bring a friend.

January - speaker is Dr. Pier Boutin

February – Joyce F found a speaker who will talk on winter “blues”

Spring speakers: Timi will ask the lavender farm owner if he could give a presentation and “workshop”. Also might ask someone from Tiny Hearts Farm Flower Shop if they would make a presentation.

**Wednesday Walks**

The walks are going well. Will continue. Not a lot of people showing up. We need to get the word out more.

**Budget – Finances**

According to the report we received from HECDC there is \$6237.17 in our account. Of this our grant from Berkshire Taconic of \$2195.00 is for the printing and distribution of the Home Maintenance Resource Guide. The remaining is for Coffee Hour and whatever the committee deems appropriate since monies are not specifically earmarked. Of the town’s allocation of \$750.00, \$613.52 has been expended. There is \$136.47 left in the account. The Committee will want to do one more broad mailing this year and has to figure out where these expenses will be allocated.

**Next Meeting, Nov 13, 2023, 3:00 pm, Monday. Cook and Larder**